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Defense Language Institute Foreign Language Center and Presidio of Monterey

Community News

Volume 10, Number 58

Serving the military and civilian communities

March 21, 2003

Read the Community News on the DLIFLC website at www.dli.army.mil

Army Emergency Relief drive begins March 31

The Defense Language Institute Foreign Language Center and Presidio of Monterey will conduct its annual Army Emergency Relief fund-raising campaign from March 31 through May 2. Contributors can make cash donations or arrange for payroll deductions.

The AER provided \$106,854.12 to 121 soldiers, retirees and their families in the community in 2002.

Of that amount, \$11,671.00 was given in the form of grants.

"Nowhere else is this kind of generous assistance available to help Army families in times of need," said Col Kevin Rice, commander of DLIFLC and commandant of DLIFLC, in a recent letter on the campaign. "I encourage the same outstanding voluntary support that made last year's campaign such a great success."

Army Emergency Relief is a privately run, non-profit organization, funded strictly by active duty soldiers and retirees' donations. It was established in 1942 to help soldiers and their families overcome times of distress and misfortune. Those

eligible for AER assistance include active-duty soldiers and their family members, members of

The Army reserve and National Guard on continuous active duty for 30 days or more, retired Army members and their family members

Continued on page 11

April 12 deadline for OMC Thrift Shop Scholarships

Because of outstanding support from the community the Ord Military Community Thrift Shop will award \$5,000 in scholarships during 2003.

Applications for local qualified students may be picked up at the OMC Thrift Shop, at local schools and at Army Community Service at OMC's General Stilwell Community Center.

Applications must be postmarked no later than April 12, 2003.

For more information call the OMC Thrift Shop at 899-4975 on Wednesdays or Fridays from 10 a.m. to 4 p.m.

Presidio's Taylor Street Gate to close nightly

The Presidio's Taylor Street Gate will be closed to vehicles and pedestrians between 10 p.m. and 5 a.m. starting March 22. Only emergency vehicles will be granted access while the gate is closed.

Personnel who reside on the Presidio who require emergency access to the Taylor Street gate should call Presidio Police Dispatch at 242-7851.

Hours of operation for the five Presidio gates are:

- Artillery Street Gate: Open 24 hours a day, seven days a week, with vehicle and pedestrian access. Visitor passes issued from 8 a.m. to 4 p.m.

- Pvt. Bolio Street Gate: Open 24 hours a day, seven days a week, with vehicle and pedestrian access.

Visitor passes issued 24 hours a day.

- Taylor Street Gate: Open from 5 a.m. to 10 p.m. seven days a week, with vehicle and pedestrian access. No visitor passes issued.

- High Street Gate: Open from 6:30 to 8:30 a.m. and from 2:30 to 5:30 p.m. Monday through Friday. Vehicle access and visitor passes issued. Pedestrian access 24 hours a day, seven days a week.

- Franklin Street Gate: Closed for construction until mid-April.

The Defense Language Institute Foreign Language Center and Presidio of Monterey Community News newsletter supplements the GLOBE, DLIFLC's linguist-focused monthly magazine. The Community News provides current information on local news and events for joint service military and Department of Defense civilian community members of DLIFLC, the Presidio of Monterey and Ord Military Community. The Community News is published every other Friday. Submit information or short articles of interest to the military community to the e-mail, fax or mailing address below. Individuals may submit classified ads for the classified ads section to the same addresses.

To contact the editor:

Defense Language Institute Foreign Language Center
Public Affairs Office (ATZP-PAO)
ATTN: Community News Editor
Building 614, Room 142, Rasmussen Hall
Presidio of Monterey, CA 93944-5006

Telephone 831/242-5104 or fax 831/242-5464
(DSN 768)

E-mail: CNews@monterey.army.mil

To reach the command's hotline and submit comments and concerns to command staff (Bossline), call 831/242-POST or 831/ 242-7678 or e-mail to bossline@monterey.army.mil

**NEXT DEADLINE for submissions,
including classified ads:**

March 26 for the April 4 issue.

Available on the World Wide Web:
The Community News and the GLOBE magazine
are available through the Presidio of Monterey Home Page at
www.dli.army.mil

The Community News newsletter is Army-funded, authorized under the provisions of U.S. Army Regulation 360-1 and produced semimonthly by the Public Affairs Office, Defense Language Institute Foreign Language Center, at the Presidio of Monterey. It is printed by the Defense Automated Printing Service at the Presidio using high speed duplication. Contents are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or DLIFLC. The installation and garrison commanders, chief of public affairs and Community News editor reserve the right to edit materials as necessary to conform to editorial policies.

DLIFLC Commandant and
DLIFLC and Presidio
of Monterey Commander
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DLIFLC Chief of Staff
Lt. Col. Richard E. Koon
DLIFLC Command Sergeant Major
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Distribution this issue:
3,000 copies

Commercial activities information

E-mail address: "castudy@monterey.army.mil"

Information Line: 242-6677 for questions only.

Mailing addresses: through installation distribution to ATZP-RM, Attn: Commercial Activities, or via mail to: RM, Attn: Commercial Activities, 1759 Lewis Road, Suite 122, Monterey, CA 93944-5006.

Crime Watch recording has information, updates

Presidio of Monterey and Ord Military Community residents have a way to stay informed about criminal activity and incidents in their neighborhoods.

Crime Watch is the information link between the Presidio of Monterey Police and the communities they serve. Crime Watch reports on crimes and incidents that have occurred in these communities. Crime Watch is updated weekly. Special Alerts are part of the Crime Watch system. Special Alerts notify members of the communities of immediate police concerns.



McGruff, the Crime-Fighting Dog

Call 24-CRIME (242-7463) to hear a brief recorded synopsis of Presidio of Monterey and Ord Military Community criminal activity and incidents.

COMMANDER'S PROCLAMATION

Our Country, Our Children: Protecting Them Both

It is the duty of the armed forces to protect and defend our Constitution, our country and its citizens. As service members, when we protect our children we protect our nation's future.

Service members, civilian employees and family members can make a positive contribution to the growth and development of the children in their lives. Each of us can:

- Build strong commitments with family, friends, neighbors and community to keep all children safe.
- Instill confidence in our children so they can count on us as trustworthy adults.
- Acknowledge that child abuse is one danger we can control.

Officially, April is the month when we celebrate the well-being of all children in our military family. April is both the "Month of the Military Child" and "Child Abuse Prevention Month." This year our campaign slogan is "Our Country, Our Children: Protecting Them Both."

Every member of our community needs to understand:

- Any form of child abuse goes against military values and undermines our mission.
- Everyone in our community has the responsibility for keeping children safe.

Everyone in our community can take action:

- Keep yourself and your children safe.
- Reach out to other families and children.
- Stay informed and connected.
- If you see child abuse, report it.
- Volunteer and share your time and skills with other parents.

As commander, I support our Family Advocacy Program in its child abuse prevention mission. Turn to them for information and assistance.

Child abuse prevention is a command priority at the Defense Language Institute Foreign Language Center and Presidio of Monterey. During April 2003 and throughout the year join us in protecting America's future by protecting America's children.

Kevin M. Rice
COL, IN
Commanding

Join us ...

The Protestant Women of the Chapel meet every Tuesday at 9 a.m. at the Ord Military Community Chapel. Please feel free to join us for our spring Bible study, "Bad Girls of the Bible." Our group has fellowship, food and fun, and childcare is provided for children of age five and under. Women of every denomination are welcome. If you have questions please call Julie at 655-4530. Hope to see you there!

Visit The Oasis Cafe

Second and Fourth Fridays every month, 7 to 9 p.m.
Nakamura Hall, Presidio of Monterey

Live music.

Free food.

Coffee and other drinks.

Provided by your chaplains.



For information call Chaplain (Capt.) Clyde Dyson at 242-7162

Christian Prayer Warriors and Sunday School

Amazing prayer.
Bible discussion.
Doughnuts and coffee.

We start at 9:30 a.m. every Sunday,

Building 324, Presidio of Monterey.

For more information call
Chaplain (Capt.) James Deason
at 242-7009 or 242-5462.
Or see Pfc. Justin Maxwell, USMC,
or PV2 Carl Pitts, C Company, 229th MI Battalion.

Chapel Services

Ord Military Community Chapel

Telephones

242-7620 (Main Office)
242-7625 (Religious Education/Catholic)
242-7627 (Building NCOIC)

Catholic

Saturday Mass 5 p.m.
Sunday Mass 11 a.m.
Wednesday, Thursday and Friday Mass 12 noon

Protestant

Sunday Service 9 a.m.
Sunday: Children's Church 9:20-10 a.m.
Sunday School 10:45-11:45
Tuesday: Protestant Women of the Chapel 9 a.m.

Catholic and Protestant Christian Education Kids of the Kingdom

Preschool - 5th Grade and Jr. High Youth
Sunday, Catholic CCD 9:30-10:40 a.m.

Presidio of Monterey Chapel

Telephone
242-5281

Catholic

Sunday Mass 9 a.m. and 5 p.m.
Tuesday, Thursday and Holy Days 11:30 a.m.
(Munakata Hall Auditorium, Building 610, Room 139)

Protestant

Sunday Service 11 a.m.
Tuesday Bible Study (Building 324 11-11:50 a.m.
and 12 noon-12:50 p.m. (Free lunch provided.)

Latter Day Saints (Mormon)

Sunday 2 p.m.

Jewish

Friday 7:30 p.m.
(Building 324, next to the Presidio Chapel)

Muslim

Friday Prayer Meeting 1-1:30 p.m.
(Muslim Prayer Room, Building 324,
next to the Presidio Chapel)

RCI* News

* Residential Communities Initiative



More frequently asked questions:

Q: Will I have to pay taxes on my Basic Allowance for Housing (BAH) when housing becomes privatized and I start receiving my BAH?

A: No. Allowances such as your BAH are non-taxable.

Q: Will I still be eligible for W.I.C. benefits when my BAH appears on my Leave and Earnings Statement (LES)?

A: Yes. BAH does not effect your entitlements under W.I.C.

Q: When my BAH appears on my LES will this affect my entitlement for Food Stamps?

A: Currently BAH is included in Food Stamp eligibility calculations. However, depending on your income level, you may or may not still be eligible for Food Stamps.

PLEASE NOTE: Specific questions concerning your eligibility for special programs should be directed to the Army Community Staff.

Visit the RCI website at www.monterey.army.mil.

• This article provided by Gay Rearick, Family Support and Public Relations, Residential Community Initiative.

Volunteer opportunities in local National Guard

Bravo Company of the 223rd Military Intelligence Bn. is a California National Guard unit located at Ord Military Community. We currently have openings in all languages and accept all prior services.

If you enjoyed Monterey while at DLIFLC, consider returning here when you separate or retire. The 223rd offers many opportunities worldwide in support of active-duty missions. Spouses and dual-military couples are welcomed. For more information call Sgt. 1st Class Ramon Celestial at 831/393-8412 or e-mail him at Ramon.Celestial@ca.ngb.army.mil.

“Healthy Beginnings”

If you are active-duty and expecting, Healthy Beginnings will provide you with educational and physical classes during and after your pregnancy.

(Expecting dependents are invited to attend the educational classes.)

For more information call Capt. Marguerite Rossiello, the Presidio's Chief Community Health Nurse, at 242-7572, or call Lynn Dittrich at Army Community Service at 242-7653.



Help prevent

■ FRAUD
■ WASTE
■ ABUSE



Our mission: To support the Department of the Army and commanders in the detection, investigation and prevention of fraud. To conduct logistical security investigations in support of readiness and safety, from manufacturer to soldier on the battlefield.

The prevention of fraud, waste and abuse is everyone's responsibility.

San Francisco Fraud Resident Agency
Major Procurement Fraud Unit, U.S. Army CID
San Francisco, CA 94105

FRAUD, WASTE AND ABUSE HOTLINE
1-831-242-7834

Activities and Announcements

March 21 - April 3

On the water

Salmon season starts March 29. Outdoor Recreation is your charter fishing connection. Individual, deluxe and group charter packages can be arranged. For information on fishing in Monterey call Outdoor Recreation at 242-5506 or 242-6133.

Under the water

The nation's divers have rated Monterey as the best beach dive in the United States, according to SCUBA Diving magazine. Outdoor Recreation's Open Water Diver Weekend Course is scheduled for April 5, 6, 12 and 13. The cost is \$195. Outdoor Recreation offers a payment plan for military personnel in pay grades E-1 through E-6. Outdoor Recreation guarantees the lowest prices on the Monterey Peninsula. Call Outdoor Recreation at 242-5506 or 242-6133.

Leisure tours

For information on these tours call Outdoor Recreation at 242-5506 or 242-6133.

- St. Patrick's Day Parade in San Francisco, March 22, \$23.
- NHL Hockey: San Jose Sharks vs. Calgary Flames, March 22, \$23.
- Palace Indian Casino, March 22, \$20.
- Hearst Castle, March 29, \$35.
- Table Mountain Casino, April 5, \$20.
- Major League Baseball: San Francisco Giants vs. Los Angeles Dodgers, April 12, \$40
- Disneyland and Ensenada, Mexico, April 15-18, \$325.
- "The Producers," Best of Broadway, San Jose, April 19, \$65.
- Monterey Wine Tour, April 26, \$39.
- San Francisco get-Acquainted Tour, May 3, \$23.
- Laughlin, Nevada, May 7-10, \$120 (double), \$150 (single)

Lake Tahoe ski trips

March through May is a grteat time for skiing. Ski trips are departing ODR at 5 p.m. every Friday until mid-April, depending on snowfall. Weekend trips start at \$185 for adults and include round-trip transportation, lodging, equipment and lift tickets. Snowboard rental is available for an additional charge. Lessons for skiers or snowboarders can be arranged. Outdoor Recreation also offers discounted lift tickets for most of the Tahoe ski areas. Equipment available for rent includes a line of high performance skis, snowboards and boots for all ages and abilities. Prices vary for weekday and weekends. For more information or to make a reservation call Outdoor Recreation at 242-5506 or 242-6133.

Go to The Edge

The Presidio's Edge Club is open every Friday evening for social hours from 4:30 to 6:30 p.m. with complimentary appetizers served. Disc-jockey dance music follows from 8:30 p.m. to 1:30 a.m. Cover charges are \$1 for authorized patrons and \$5 for guests. Call the club at 242-7801 or 242-7649 for more details.

April is Child Abuse Prevention Month

Child Abuse Prevention Month will be observed in April. For information on speakers and activities call Lynn Dittrich at 242-7653.

Army Community Service to remain open until 6 p.m. on Thursdays

Army Community Service will stay open until 6 p.m. on Thursdays starting April 1.

The 6 p.m. extension will continue for a two-month trial period to determine whether a permanent change of hours is needed.

ACS invites feedback on this effort. Call ACS at 242-7652.

Famous all-you-can-eat buffet

It's served on Wednesday evenings at OMC's General Stilwell Community Center -- the all-you-can-eat buffet. The price is \$7.95 for adults (age 12 and above) and 65 cents per year for children at ages three to 11. (Children under three are welcomed at no charge.)

Menu for March 26:

Smorgasbord buffet consisting of a variety of hot and cold dishes.

Menu for April 2: Roast turkey, baked honey-glazed ham, teriyaki chicken, sweet potatoes, steamed rice, stir-fried vegetables, California vegetable medley, dinner rolls.

All buffets include fresh green garden salad, beverages and dessert.

Prime Rib Dinner Night

The first Thursday of every month is Prime Rib Dinner Night at Ord Military Community's General Stilwell Community Center. Enjoy a 10-ounce serving of prime rib au jus, twice-baked potato, fresh vegetables, house salad, dessert and iced tea or coffee. The price is \$12.95 for adults (age 12 and above) and 75 cents per year for children from three to 11. (Children under three are welcomed at no charge.) Dinner is served from 5 to 7:30 p.m. Reservations are required. Call 242-7801.

Lunches at General Stilwell Center

Starting in April, lunches will be served Tuesday through Friday from 11:30 a.m. to 1 p.m. at OMC's General Stilwell Center. For more information call 242-7801.

Easter Sunday Brunch

Reservations are being accepted for Easter Sunday Brunch on Sunday, April 20, at General Stilwell Community Center. Brunch will be served from 10 a.m. to 1 p.m.

The menu includes scrambled eggs, cheese omelets, country-style sausage, smoked bacon, creamed beef, country-style potatoes, honey biscuits, French toast, tossed green garden salad, steamship round of beef at a carving station, southern fried chicken, seasonal vegetables, baked fish, seafood Newburg, steamed rice, mashed potatoes, gravy, dinner rolls, strawberry shortcake, ice cream, pudding, champagne, coffee, tea and juice. The price is \$18 for adults and \$8 for children at ages three to 11. For reservations call 242-7801.

Operation Leisure March Madness

Hundreds of Operation Leisure March Madness prizes are yet unclaimed. Prizes include resort vacations, a seven-day motor home vacation, gas grills, color TVs, golf clubs, Brunswick Viz-A-Balls, digital cameras, trains, scooters and instant wins. The promotion ends March 31. There's still plenty of time to play and win!

Youth Baseball registration

Porter Youth Center 2003 baseball registration will continue through March 28. Practice begins on March 31. Games begin on April 26 and conclude June 28. The age divisions are 5-6 (t-ball), 7-8 (coach pitch), 9-11 (juniors). The cost is \$40 for the first child and \$35 for each additional child. All program participants must be registered through the Central Registration Office before signing up for youth sports. For more information call Andy at 242-7809. Porter Youth Center is located in Ord Military Community on the corner of Normandy Road and Gen. Jim Moore Blvd.

Youth Track and Field registration

Porter Youth Center 2003 track and field registration will continue through March 29. Practice will be held at Freeman Stadium from April 8 to June 21, hours to be announced. Local meets are scheduled from May 1 through June 15. Northern California finals are scheduled for June 21 in San Jose. Children from age five to 14 are eligible to participate. The cost is \$20 for the first child and \$15 for each additional child. All program participants must be registered through the Central Registration Office before signing up for youth sports. For more information call Andy at 242-7809. Porter Youth Center is located in Ord Military Community on the corner of Normandy Road and Gen. Jim Moore Blvd.

Visit OMC's Auto Center

OMC's Automotive Center is located in Building 4492 on 7th Ave. at Butler Road. The Center's new hours of operation are Thursday and Friday from 11:30 a.m. to 8:30 p.m. and Saturday and Sunday from 8:30 a.m. to 5:30 p.m. The Center offers a clean, safe space for do-it-yourself mechanics to work. Tools to use within the Center can be borrowed. And you can store your vehicle on-site to do major repairs. Call 242-7760 for more information.

Hobson Student Activity Center

Hobson Center has the latest video games, big screen TVs for watching DVD or VHS movies and computers with Internet access. On Friday, Saturday and Sunday newly released movies are shown. On Thursdays there are eight ball tournaments and karaoke is offered on Friday.

Salsa and swing dancing classes are ongoing at the center. Beginner and intermediate salsa classes are offered every Sunday (except over four-day weekends). Dance experience is not necessary for the beginners' class (from 1 to 2 p.m.). Beginners learn the basic dance patterns and variations along with rhythm, steps, turns, leads and follows. Partners are not required for beginners' classes.

You must have some experience in salsa dance to join the intermediate classes (held from 2 to 3 p.m.). Also a steady dance partner is required for this class. Intermediates learn double and triple turns, dips, tricks and mambo and salsa shines.

Swing dance lessons are offered free of charge every Thursday and Saturday from 7:30 to 9 p.m. For more information on swing dancing call 521-7130.

Ticket discounts

Tickets and hotel vouchers for local weekend attractions are now available at Hobson Student Activities Center. Available are movie passes and tickets to the Monterey Bay Aquarium, Great America, Santa Cruz Beach and Boardwalk, Marine World, Raging Waters, Disneyland, Disney's California Adventure, Magic Mountain, Legoland, Seaworld and many other attractions.

Call Hobson Center at 242-5447.

Feeling lucky? Play Bingo twice a week.

General Stilwell Community center has Bingo machines, the latest thing in playing America's favorite game. Door open at 4 p.m. every Tuesday and Thursday. On both days an Early Bird Game begins at 6 p.m. The total payout each evening (39 games) is \$8,400. The minimum buy-in is \$25. General Stilwell Center is located at 4260 Gigling Road, Ord Military Community.

Call the Center's office at 242-7801 for additional information.

Weight Watchers meet every Monday at OMC

Weight Watchers meet every Monday at 5:30 p.m. at Fellowship Hall at Ord Military Community Chapel.

Participants may join any week.

For more information call Crystal at 392-1229.

Classes at Price Fitness Center

Price Fitness Center offers the following classes:

- Step Aerobics: Monday, Wednesday and Thursday, 5 to 6 p.m.; Tuesday and Thursday, 11:30 a.m. to 12:30 p.m.; Tuesday and Friday, 5:30 to 6:30 p.m. (free).

- Capoeira (Brazilian martial art): Monday and Wednesday, 6 to 7:30 p.m. (\$75 per month).

- Boxing Training: Monday, Wednesday and Friday, 6:30 to 8 p.m. (\$60 for four weeks).

- Swing Dancing: Saturday, 4 p.m. (free).

Call the Price Fitness Center sports director at 242-5700 for more information.

Price Fitness Center is open Monday through Friday from 5 to 7:45 a.m. and from 10 a.m. to 9 p.m. Saturday and Sunday hours are from 10 a.m. to 6 p.m.

AER golf tournament April 26

Army Emergency Relief will sponsor a golf tournament at Monterey Pines Golf Course on Saturday, April 26, starting at 7:30 a.m.

For full information call Mike Pablo at 242-5501.

Presidio of Monterey Theater

On Stilwell Road near Soldier Field and the High Street Gate.
Open Thursdays, Fridays and Saturdays.

Telephone 372-1249

March 21 (Friday), 7 p.m.

"Shanghai Knights"

With Jackie Chan, Owen Wilson.

Chon Wang and Roy O'Bannon head to London after Chon's estranged father is murdered by a Chinese rebel. Chon's sister Lin arrives and uncovers a plot to murder the royal family.

Rated PG-13 for action violence and sexual content; 114 minutes.

March 22 (Saturday), 7 p.m.

"The Recruit"

With Al Pacino, Colin Farrell.

At the secret CIA training facility called The Farm at Camp Perry, Va., a young agent trainee suspects his instructor of being a double agent for the Chinese government.

Rated PG-13 for violence, sexuality and adult language; 105 minutes.

March 27 (Thursday), 7 p.m.

"How to Lose a Guy in 10 Days"

With Kate Hudson, Matthew McConaughey.

Andie is on a mission to find a guy, get him to fall in love with her, then make all the classic dating mistakes so he'll dump her within 10 days. Too bad her target is Benjamin, who has just made a high-stakes bet with his boss that he can make a woman fall in love with him in 10 days.

Rated PG-13 for sex-related material; 118 minutes.

March 28 (Friday), 7 p.m.

"Dark Blue"

With Kurt Russell, Scott Speedman.

Fearful on the streets of Los Angeles, veteran officer Perry and rookie officer Keough of the elite Special Investigations Squad investigate a high-profile homicide.

Rated R for violence, adult language and brief sexuality; 118 minutes.

March 29 (Saturday), 7 p.m.

"How to Lose a Guy in 10 Days"

Repeat showing. See description above.

Schedule subject to change.

Adults (age 12 and over): \$3

Children, age 6 to 11: \$1.50

**Children, age 5 and under, accompanied by adult:
FREE**

Special admission price for G-rated features:

All seats (adults and children): \$1.50

Aiso Library

Presidio of Monterey
Building 617

**For information and reference, call
242-6948.**

**To renew library materials, call
242-5572.**

Attention team leaders and instructors: more than 10 classes began in January. If this is the beginning of your second month of classes, why not schedule an Aiso Library orientation for your students?

See what's new and sharpen your students' computer techniques.

To learn more, call the Aiso Library Reference Desk at 242-6948 or call Rita Smith at 242-6274.

Aiso Library is open:

Monday through Thursday: 7:45 a.m. to 9 p.m.

Friday: 7:45 a.m. to 4:45 p.m.

Sunday: 12:30 to 9 p.m.

Chamberlin Library

Ord Military Community
On General Jim Moore Road near the Chapel.

**For information and reference, call
242-7680.**

Services and facilities include:

- Fiction and nonfiction collections
- Conference Room (please schedule)
- Preschool Storytime
- Books on tape
- Videos, CDs, audio cassettes
- Word processing
- Copier (coin operated)
- Comfortable seating
- Study rooms
- Internet access

Chamberlin Library is open:

Monday through Friday: 10 a.m. to 6 p.m.

Sunday: 12 noon to 5 p.m.



As a test, the AAFES Ord Military Community Main Store PX will continue to remain open until 8 p.m. on Monday through Saturday. (The normal closing hour is 7 p.m.)

The best way to indicate that you favor the 8 p.m. extension is to shop the store at any time Monday through Saturday between 6 and 8 p.m.

Army Community Service
General Stilwell Community Center
Ord Military Community

Call ACS at 242-7660 or 242-7653.

**Visit ACS Monday through Friday
from 7:45 a.m. to 4:45 p.m.**

**All classes and meetings are conducted at
General Stilwell Community Center unless
otherwise noted. Call ACS to register.**

Infant and Child CPR

Taught by American Red Cross instructors. Includes recognizing and treating cardiac emergencies of infants and children. Participants who complete this training will receive an Infant and Child CPR Certificate. Open only to active-duty service members and their families. Class size is limited.

March 22 9 a.m. to 1 p.m.

Secrets of Smart Families

Learn nine characteristics of smart families and how to ensure your family has them.

March 22 9 a.m. to 1 p.m.

Secrets of Fast Track Fathering

Participants will learn ways to blend career and family priorities and how to avoid eight common fathering mistakes.

April 4 6:30 to 8:30 p.m.

Resumix

Learn to use the Resumix program to apply for federal jobs.

April 15 9 a.m. to 12 noon

Managing Anger and Anxiety

A workshop to help manage feelings of anger and anxiety, thus reducing stress.

April 15 6:30 to 8:30 p.m.

Armed Forces Family Team Building

Free childcare if you register at least two weeks in advance.

Level II: April 25, 28 and 29 8 a.m. to 2 p.m.

Level I: May 12 and 13 8 a.m. to 1 p.m.

Armed Forces Action Plan Focus group

Help improve family programs, benefits and entitlements. Voice your concerns.

May 21 Starting at 9 a.m. Weckerling Center, POM

On-Going Groups:

Employment Quest

A fun and informative workshop on job-search strategies and networking. Learn to assess and develop your career path. Free child care.

Every Other Tuesday 9 a.m. to 12 noon.

Mom Time

Meet other moms while young children (up to age 4) socialize and play.

Women's History Month

Historic march helped win suffrage

This year marks the 90th anniversary of the historic Woman Suffrage March on Washington, D.C., in 1913. This spectacular, colorful march of thousands of suffragists, led by Alice Paul and Lucy Burns, is acknowledged as one of the high points of the 72-year struggle to win for women the right to vote.

Commemorating this parade "recognizes its importance as a key strategic turning point in the history of the modern suffrage movement and pays tribute to the overall efforts of generations of American women striving for true democracy."

Here are some highlights in women's history in the United States.

Feb. 15, 1921: The Suffrage Monument, depicting Susan B. Anthony, Elizabeth Cady Stanton, and Lucretia Mott and carved by Adelaide Johnson, is dedicated in the nation's capitol.

Feb. 27, 1922: The U.S. Supreme Court upholds the 19th Amendment to the Constitution which guarantees women the right to vote.

Feb. 12, 1952: Henrietta Szold founds Hadassah, the world's largest and oldest women's Zionist organization focusing on healthcare and education in the United States and Israel.

Feb. 15, 1953: Tenley Albright is the first American woman to win the world figure skating championship.

Feb. 18, 1953: Rachel Carson is elected to the National Institute of Arts and Letters.

Feb. 1, 1956: Autherine Lucy is the first black student admitted to the University of Alabama.

Feb. 12, 1962: Eleanor Roosevelt becomes first chair of the President's Commission on the Status of Women.

Feb. 26, 1971: The National Conference of Catholic Bishops endorses ordination of women deacons in the Roman Catholic Church.

Feb. 6, 1973: The U.S. Government Printing Office rules that the prefix "Ms." is an acceptable optional identifying label in government publications.

Feb. 9, 1973: The first convention of the National Women's Political Caucus meets in Houston.

Feb. 1, 1978: The first postage stamp to honor a black woman, Harriet Tubman, is issued in Washington, D.C.

Feb. 16, 1980: Mary Decker breaks the indoor mile world record, finishing in 4 minutes, 17.55 seconds.

Feb. 21, 1980: The AFL-CIO votes to reserve two seats on its 35-member executive team for a woman and a member of a minority group.

Feb. 4, 1987: The first national Women in Sports Day is celebrated in Washington, D.C.

• This article provided by the National Women's History Project sent by Sgt. 1st Class Cynthia G. Fraser, Equal Opportunity Adviser, DLIFLC and POM.

**Visit your
Education Center
Building 630, Presidio of Monterey**

Hours:
Monday, Wednesday and Friday: 8 a.m. to 5 p.m.
Tuesday and Thursday: 8 a.m. to 6 p.m.
(Closed for lunch from 1 to 2 p.m. daily.)

Phone 831/242-5325 or 831/242-5866.

Earn your AA

Service members are meeting general education requirements for the DLIFLC Associates Degree in a number of ways. They take traditional courses through Monterey Peninsula College or through any number of schools offering on-line courses. Visit www.dantes.doded.mil to access the External Degree Catalog that lists schools offering on-line courses. College-Level Proficiency exams are available at no cost through your Education Center and there are exams to meet all requirements except the laboratory science requirement. DLIFLC accepts military experience and AP exams to satisfy many of the requirements. AA degree requirements are outlined on the DLIFLC website at www.dli.army.mil

Scholarship searches

The Internet has several free search engines that can help students locate scholarships tailored to their individual skills and backgrounds. These include FastWeb at www.fastweb.com and Sallie Mae's Online Scholarship Service at www.scholarships.salliemae.com. Scholarship scams prey on the hopes of students and parents. Generally, if it costs money to apply for the scholarship, the scholarship is not legitimate.

Loan Repayment Program tax season reminder

Payments authorized under the Loan Repayment Program (LRP) are taxable in the year they are made. Defense Finance and Accounting Services (DFAS) Indianapolis Center should provide a separate statement of amount paid (W-2) to LRP participants at tax year-end. If soldiers do not receive their W-2s they must contact DFAS. DFAS requires soldiers to provide their Social security number and roster number. Soldiers must specify that they are requesting a W-2 for payments authorized under the LRP. The Education Center can help soldiers obtain the roster number from the Army Incentives Center. The DFAS telephone number for active-duty pay is DSN 699-0665, commercial 1-800-729-2769 or (317) 510-0665. The DFAS website is at www.dfas.mil

Community Job Fair April 22

For any service or family members looking for work in our community, the annual Job Fair in downtown Monterey will be a great opportunity to survey what openings exist. Last year more than 100 employers and school representatives met 1,200 potential employees and trainees. Be a smart consumer and stop by the Monterey Conference Center next to the Double Tree Hotel on April 22 from 9 a.m. to 12 noon to check out the local job and career training opportunities. For additional information call the Doubletree Conference Center at 422-4731.

Career Training for only \$25

The Regional Occupational Program (ROP) is a state-funded vocational and technical training program open to service and family members with day and evening classes in computer accounting, certified nursing assistance, computer digital imaging, health careers, computer graphic design, hospitality, cosmetology, auto technology and others. Fees are \$25 per year for the classes listed. To register call 899-5033 or stop by the Education Center.

End the tobacco habit

Sign up for the Tobacco Cessation Class at the Presidio's Health Clinic.

Call the Office of the Community Health Nurse at 242-7572 for full information.

Monterey County Chapter

American Red Cross

Your local American Red Cross offers a variety of disaster services and health and safety classes at both its Presidio of Monterey and Salinas offices.

Topics covered in classes include introduction to disaster services, mass care, damage assessment, shelter operations, emergency assistance, cardiopulmonary

resuscitation (CPR), standard first aid, child care, babysitting, community first aid and safety.

For full information call the Presidio of Monterey Red Cross at 242-6800.



Upcoming tests:

Excelsior Exams: April 8, 3 p.m.

ACT: April 14, 8 a.m.

CLEP English with Essay: April 17, 4 p.m.

**CLEP and DSST: Thursdays at 4 p.m. by appointment
(These CLEP exams will be withdrawn effective June 30: Biology, Chemistry, Humanities, German, Western Civilization I and II.)**

SAT: April 21, 8 a.m.

Army Emergency Relief

Continued from page 1

and widowed spouses and orphans of soldiers who died while on active duty or retired.

AER financial assistance is given only when a qualified recipient cannot pay for basic needs.

"Soldiers taking care of soldiers is what Army Emergency Relief is all about," said Rice. "For more than half a century, when soldiers needed help, Army Emergency Relief has been there."

The AER Office also offers budget counseling, financial planning, financial management classes and advice on consumer affairs.

For more information, contact the Army emergency Relief office at 242-5501 or Army Community Service at 242-7660.

The Schoolyard News

Students perform better academically and have fewer discipline problems when their parents become actively involved in their schools. To facilitate this involvement, Army policy allows soldiers duty time to volunteer in schools and makes parent-teacher conferences a soldier's place of duty.

Get involved in your child's school.

Useful information is available at <http://www.pta.org/parentinvolvement/index.asp>

Your School Liaison Service provides school-related information to local military families with school-age children. You can call the School Liaison Service office at 242-6904.



U.S Navy Fleet and Family Support Center

Classes and meetings scheduled in April.

Call the FFSC at 656-3060 to register.

Visit our website www.nps.navy.mil/ffsc for updates, including possible changes in scheduling.

CONSEP (Career Options and Navy Skills Evaluation Program) Training

Helps sailors with personal planning, financial planning and Navy and civilian career planning. A mid-career course designed for military personnel with six to 12 years of service who are within 18 to 24 months of their EAOS.

April 8-11 8 a.m. to 4 p.m. FFSC, Building 3

Pay Thousands Less for a Car

Learn to make an informed car-buying decision and to negotiate effectively with dealers.

April 10 12 noon to 4 p.m. FFSC, Building 3

Dealing with Anger for Pre-Teens and Teens

A four-week class for youth at ages 12-16. Participants will learn how to take responsibility for their anger and ways to deal with change and frustration.

April 14, 21, 28; May 5 4 to 5 p.m. FFSC, Building 3

Individual and Family Budget

How to develop a budget.

April 16 12 noon to 4 p.m. FFSC, Bldg 3

Stranger Danger Safety Tips

For children in grades 1 to 5. Participants will learn how handle themselves when strangers approach them. Also discussed: strategies to prevent abduction.

April 16 2:45 to 4 p.m. La Mesa Community Center

Quarterly Smooth Move Relocation Workshop

Open to active duty personnel and their families. Information on PCS, separation and retirement moves.

April 17 2 to 3:30 p.m. NPS, Glasgow Hall, Room 117

Raising an Emotionally Intelligent Child

How parents can help their children understand their emotional world. Discussion includes new parenting approaches, listening with empathy, positive praise and reinforcement and how to redirect negative behavior.

April 22 4:30 to 6 p.m. FFSC, Building 3

VA Benefits Brief

Topics discussed: education benefits (MGIB), disability compensation, VA home loans, state benefits for veterans and dependents, supplemental insurance, vocational rehabilitation, Servicemen's Group Life Insurance (SGLI) conversion.

April 24 1 to 4 p.m. NPS, Glasgow Hall, Room 117

Classified Ads

AUTOMOBILES

1984 PORSCHE 911 TAGRA CARERRA. White with black interior. 100,000 miles. New transmission and clutch. Excellent condition. \$16,500. Call 831/242-7120 or e-mail mrmurphy@cnet.navy.mil. (03-21)

1993 OLDSMOBILE CIERA S SEDAN. Four-door. 75,800 miles. New tires. Cruise control. Power steering, power door locks, power seats. AM-FM stereo and cassette player. Tilt steering wheel. Kelly Blue Book at \$3,710. Asking \$2,600 (including AUL extended warranty). Call 656-2889 or 656-3685 or e-mail acong@nps.navy.mil. (03-21)

2001 FORD CROWN VICTORIA. Blue with blue interior. 20,500 miles. V-8. Four-speed automatic transmission. Dual airbags. Power steering, Power brakes, power mirrors, power windows, power doorlocks, power driver's seat. Tilt steering wheel. Cruise control. Air conditioner. 10-disk CD changer in trunk. Excellent condition. Remainder of factory warranty. \$15,500. Call 277-4467 between 7 a.m. and 9 p.m. (03-21)

1995 SUBARU IMPREZA L AWD. Manual transmission. 66,000 miles. Air conditioner. Clean. \$4,700. Call 831/656-2030 or e-mail okantemi@nps.navy.mil. (03-21)

1995 HONDA CIVIC FOUR-DOOR SEDAN. Automatic transmission. 94,000 miles. Good condition. Power steering. Dual front airbags. AM-FM stereo radio and cassette player. Clean title. \$5,250 OBO. Call 583-9790. (03-21)

2000 JEEP GRAND CHEROKEE. V-8. Automatic transmission. Sunroof. Power leather seats. CD player. New tires. In perfect condition. Kelly Blue Book lists at \$19,000. Will negotiate price. Call Brain at 899-6968 or e-mail sfgringobw@msn.com. (03-21)

1998 VOLVO 240 GL SEDAN. Automatic transmission. Blue color. Power windows, power locks, sliding roof, air conditioner. Smogged. Runs great. \$1,500. Call 831/393-9650 or e-mail mahmad@nps.navy.mil. (03-21)

1996 VOLKSWAGEN JETTA GLS. 68,700 miles. Power windows, power brakes, power steering. Sunroof. Dual airbags. New tires. AM-FM stereo radio. \$6,000 OBO. Call Joe or Nettie at 883-0470. (03-21)

1989 VOLKSWAGEN FOX. Manual transmission. Blue color. Great transportation. Regularly serviced. New brakes and tires. AM-FM radio and CD player. Runs great. Priced to sell at \$500. Call 392-0920 before 8 p.m. or e-mail ercolanomr@netzero.com (03-21)

1989 VOLKSWAGEN FOX. Manual transmission. Blue color. Great transportation. Regularly serviced. New brakes and tires. AM-FM radio and CD player. Runs great. Priced to sell at \$500. Call 392-0920 before 8 p.m. or e-mail ercolanomr@netzero.com (03-21)

1970 VOLKSWAGEN BEETLE. Near showroom condition. Collector car. 87,000 miles. Local car, always garaged. Must sell. \$5,500 (negotiable). Call 620-5845 between 9 a.m. and 5 p.m. (03-21)

1995 PONTIAC FIREBIRD. Two-door hatchback. Automatic transmission. 50,000 miles. Red color. T-Tops six-cylinder. Power windows, power locks. \$6,000. Call 831/236-8356. (03-21)

1993 CHRYSLER LE BARON SEDAN. 109,000 miles. 52mm throttle body. Sport suspension. Cruise control. Tilt wheel. Power steering, power windows, power door locks. Airbag. Air conditioner. Clean, runs perfectly. Must see. Must sell. \$3,100 OBO. Call 831/372-5465. (03-21)

1997 FORD TAURUS GL SEDAN. In good condition. 85,000 miles. Green color. Automatic transmission. Dual front airbags. Tilt wheel and cruise control. Power steering, power windows, power locks, power mirrors. AM-FM stereo cassette player and six speakers. New tires with lifetime warranty. New rear brakes. Well-maintained with records. \$4,200 OBO. Call 831/899-6040 or 831/236-9298 or e-mail cteh@monterey.nps.navy.mil. (03-21)

1992 MITSUBISHI MIRAGE four-door sedan. Automatic transmission. 104,000 miles. New tires, new brakes, recently replaced timing belt. Red color. Power steering. AM-FM radio and cassette player. Runs great. Very good, economic car. \$2,500 OBO. Call 899-2882 or e-mail atokgoz@nps.navy.mil. (03-21)

2000 KIA SEPHIA SEDAN. Excellent condition. Well-maintained. Five-speed manual transmission. 65,000 miles. AM-FM stereo, cassette player. Dual front airbags. Must move, must sell. \$3,990. Call 831/394-2829 or e-mail asule@nps.navy.mil. (03-21)

1992 CHEVROLET CAVALIER, V-6, four-door, red color, clean interior. Runs, but needs work. \$500 as-is. Call 384-8375. (03-07)

1994 INFINITI Q45. original owner with all service done at local dealer. Ivory quartz with tan leather interior. 112,000 miles. Excellent condition. \$5,800. Call 831/625-6127 or e-mail carmelwest@sbcglobal.net. (03-07)

1991 FORD PROBE LX. Automatic transmission. Anti-lock brakes. 94,000 miles. Red color. Cruise control. Power steering, power mirrors. Premium sound amplifier. Air conditioner. Leather seats. Flip-up sunroof. \$2,300. Call 645-9262. (03-07)

1993 OLDSMOBILE CIERA S SEDAN. 75,800 miles. Power steering, power seats, power locks, tilt steering wheel. Air conditioner. AM-FM stereo. Kelly Blue Book at \$3,710. Asking 3,100 (includes AUL warranty). Call 656-2889 or 656-3685. Or e-mail acong@nps.navy.mil. (03-07)

2001 SATURN SC2 THREE-DOOR COUPE. Automatic transmission. Power windows, power locks, power mirrors. Keyless entry. CD and cassette player. Cruise control. Alloy wheels. 24,000 miles. Great gas mileage. Excellent condition. Must see. \$11,500 OBO. Call 238-0859 or 899-1174. Or e-mail minahkj@hotmail.com. (03-07)

1995 EAGLE SUMMIT DL WAGON. Automatic transmission. Mitsubishi 1.8L engine. Low fuel consumption. New tires and battery. White color. Tilt steering wheel. Owner upgrading. \$2,790 OBO. Call 656-9458 or e-mail smlim@monterey.nps.navy.mil. (03-07)

1989 FORD TAURUS LX SEDAN, automatic transmission. Four-door. V-6 3.0L engine. Air conditioner. Power steering, power windows, power door locks, power mirrors. Tilt steering wheel. AM-FM stereo and cassette player. Good condition. \$850 (below Kelly Blue Book)(negotiable). Moving and must sell. Call 831/658-0564 or e-mail uerdemir@nps.navy.mil. (03-07)

2002 HONDA CIVIC EX FOUR-DOOR SEDAN. Side air bags. Silver color. Automatic transmission. Sliding roof. CD player. Power windows, power locks, power mirrors. Remote keyless entry. ABS. Only 8,400 miles. \$15,900. Call 643-2345. (02-21)

2001 NISSAN ALTIMA GXE. Automatic transmission. Cruise control. Overdrive. Power steering, power windows, power door locks, power seats. Keyless entry (with spare key). Remote trunk control. Clean title. Very good condition. \$10,600 OBO. Call 831/392-0586. (02-21)

1985 DODGE ARIES four-door sedan. Gold color. Runs well. Only 63,000 miles. Nice commuter vehicle. \$1,200 OBO. 393-9910. (02-21)

1999 BMW 328CI CONVERTIBLE. Automatic transmission. Power leather seats. Fully loaded. Silver color. CD changer. Still under factory warranty and has extended warranty. 32,500 miles in perfect condition. Kelly Blue Book retail listing at \$31,000. A bargain at \$25,999. Call Brian at 899-6968 or e-mail sfgringobw@msn.com. (02-21)

1999 CHEVROLET S-10, five-speed LS model. 40,000 miles. White color. Air conditioner and cassette player. Excellent condition. Take over payments. Call Nick at 831/372-0166. (02-21)

1993 GRAND VOYAGER LE. White color with wood paneling. Fully loaded, tilt wheel, cruise control, air conditioner, leather interior, new starter, 98,000 miles. Privacy glass, AM-FM radio with CD player. Smogged. Great condition. \$5,500 OBO. Call 831/883-1492 or e-mail welfern@sbcglobal.net (02-21)

1987 TOYOTA CELICA. 175,000 miles. Silver color. Good for in-town or short distances. Needs minor work. \$400 OBO. Available at end of March. Call Maria at 899-8468 or e-mail mvasilaki@hotmail.com. (02-21)

2002 HONDA CIVIC EX SEDAN, four-door, five-speed. Silver color. Dual front airbags. Tilt wheel. AM-FM stereo. Only 15,600 miles. \$13,000. Call 583-9618. (02-21)

1988 TOYOTA COROLLA. Two-door. Automatic transmission. White color. AM-FM stereo radio. Air conditioner. Runs great. Moving overseas. \$1,000. Call 394-2428 or e-mail afamakin@nps.navy.mil. (02-21)

TRUCKS, VANS, SUVs, RVs

1998 DODGE 1500 QUAD CAB SHORT BED. 5.2 liter engine. Automatic transmission. 44,000 miles. Four-wheel drive. Slider bed liner. Air conditioner. Power steering, power windows, power windows. Cruise control. AM-FM radio, cassette and CD player. Slider bed liner. Red color. Kelly Blue Book at \$15,225, asking \$14,250. Call 759-0242. (03-21)

1978 F-250 PICKUP. Automatic transmission. Low mileage. Very nice condition. Tow package. \$3,000 OBO. Call 649-5968 or 601-4757. (03-21)

1987 JAMBOREE RV, 27' class C. Automatic transmission, V-8, 460b motor, 74,000 miles. Air conditioner, new refrigerator, full bath, oven, microwave, twin beds in rear. Well-maintained. \$11,675 OBO. Call 884-9067 or 915-9185. (03-07)

1964 VOLKSWAGEN SPLIT-WINDOW BUS, 1600 dual port motor with dual kadron carbs. Good paint, good interior. Runs great. CD changer, stereo, many extra parts. \$2,500 OBO. Call 831/594-8546 or e-mail duck@duckbrew.cncghost.com. (03-07)

1996 JEEP GRAND CHEROKEE, V-8, 4x4, loaded. In good condition. One owner. \$8,700. Call 663-3247. (03-07)

1997 KIA SPORTAGE. 75,000 miles. ABS. Power steering, power windows, power door locks. Air conditioner. AM-FM stereo radio, cassette player, multi-CD player. \$6,450 OBO. Call 831/645-9356 or e-mail aguven@nps.navy.mil. (03-07)

1996 CHEVROLET S-10 BLAZER. Four-door, 4x4, V-6, automatic transmission. 125,000 miles. Full Chevrolet service in December 2002. New radiator, new fuel pump, new tires. Air conditioner. Power windows, power locks. AM-FM radio and cassette player. Temperature and compass in rearview mirror. \$8,500 OBO. Call 393-9759. (03-07)

1991 CHEVROLET SUBURBAN 1500. 4x4, V-8, automatic transmission. 120,000 miles. Service kept up. New tires. Air conditioner. Power windows, power locks. Alarm system. AM-FM radio and cassette player. Captain's chairs in front, three rows of seats. \$8,500 OBO. Call 393-9759. (03-07)

1990 CHEVROLET LUMINA APV VAN. Automatic transmission. 133,000 miles. Quad seating. Very good condition. Passed smog test. \$1,500 OBO. Call 831/647-1858 or e-mail tbseow@nps.navy.mil. (03-07)

1990 NISSAN AXXESS. Stylish minivan. Automatic transmission. Tan color. Great condition. \$2,700. Call 831/392-1803 for test drive. (02-21)

MOTORCYCLES

2000 YAMAHA MODEL XS1100. 1,200 cc. Black color. Looks and runs beautifully. You have to see it. Will negotiate price. Leave a message at 831/647-0247. (03-21)

WANTED

WANTED: ROOMMATE to share house in Marina. Nice neighborhood. Two-car garage. Small backyard/patio. Own room and bath. Walk to beach. \$750 plus utilities. Avail mid- or late-March. Call 831/384-5444. (03-21)

WANTED: GOOD RELIABLE STARTER PIANO. Call 831/394-5143. (03-21)

WANTED TO LEASE: RECREATION VEHICLE. With option to buy. By April 15. Call 831/394-5143. (03-21)

WANTED TO RENT: RECREATION VEHICLE OR LARGE TRAILER during first weekend in May. Very responsible couple. Call 641-0162. (03-21)

WANTED: BARBIE DOLLS AND OTHER DOLLS AND ACTION FIGURES. Call 831/394-5143. (03-21)

WANTED: CO-SLEEPER FOR INFANT that attaches to an adult bed. Call Courtney at 641-0162. (03-21)

WANTED: "STEP" FOR STEP AEROBICS. Call 656-3060. (03-21)

WANTED: DIRECT TV SATELLITE EQUIPMENT. Receivers and/or cards. Will pay cash. Amount depends on what you have. Call 583-2400, extension 4209 (daytime), or 601-6922 (evenings). (03-07)

WANTED: DOUBLE JOGGING STROLLER AND BURLEY BIKE TRAILER. Call 831/375-7876 or e-mail TMGentry@monterey.nps.navy.mil. (03-07)

WANTED: ROOM TO RENT. I'm a 27-year-old female DLIFLC graduate stuck on clearance hold; husband and kids moved. I must vacate military housing by the end of March. Please call 899-3787 or 521-3615 or e-mail yaellethegrouch@aol.com. (02-21)

WANTED: USED STAND-ALONE TURNTABLE OR RECORD PLAYER. Must be working and have needle. Older consoles from late 1970s and early 1980s will be considered. Can pay up to \$45 for good model. E-mail mauricetanner@yahoo.com. (02-21)

WANTED: OLDER MIDI KEYBOARD (Roland, Yamaha, Korg, Juno, etc.). Can pay up to \$100 for nice model. Must have working midi. E-mail mauricetanner@yahoo.com. (02-21)

SPORTS AND EXERCISE EQUIPMENT

ROLLER BLADES. Woman's size 8. Used twice. \$50. (Retail price \$200. WOMAN'S GOLF CLUBS, \$40. CHIMNEA, bought for \$100, selling for \$40. FULL SIZE MATTRESS, free. Call 831/601-6936. Call 408/710-3120. (03-21)

UNDERWATER CAMERA. Sea and Sea Motor Marine II EX with YS60 strobe. Hardly used. Comes with macro lens, wide-angle lens, lens caddy and hard carrying case. \$1,600 new. Sacrificing at \$1,000. Call 408/710-3120. (03-21)

AIRWALKER XT EXERCISE MACHINE. With monitor. \$100. Call 393-1343. (03-07)

ROLLER BLADES. Brand new, never used. Woman's size 6. \$40. Call 582-9219 or e-mail schwentmd@aol.com. (03-07)

TWO MOUNTAIN BIKES (MEN'S). Trek 800 Antelope, 21-speed, like new, \$110. Nishiki Ariel, 21-speed, very light weight, \$75. Call 372-4278. (02-21)

HIS AND HERS HUFFY 18-SPEED MOUNTAIN BIKES, \$25 each. UNLEADED GAS CAMPING STOVE, \$25. PORTABLE POTTY (never used), \$5. FISHING POLES, \$5. TACKLE BOX, \$5. YERF DOG GO-KART, seats two, maximum speed 35 MPH, one year old, \$499. Call 394-2087 after 5 p.m. or e-mail schow123@msn.com. (02-21)

SLANT BOARD, folding type, with padding, with carrying straps. For workouts or relaxation. \$45. Call 372-4278. (02-21)

CALLAWAY BIG BERTHA STEELHEAD PLUS DRIVER AND 3, 5 AND 7 WOODS. Var Face Thickness Tech for optimal energy transfer and lower center of gravity in the clubhead. New Winn grip. Only \$85 per club or #375 for all four. Call 831/899-1716 or e-mail slng@nps.navy.mil. (02-21)

ENTERTAINMENT AND MUSIC ITEMS

ELECTRONIC ORGAN. Plays rhythms, has foot pedals. New condition. Retail for \$5,000. selling for \$1,500 OBO. Call 624-7921 or e-mail bonsper@earthlink.net. (03-21)

CLARINET, Shelmer Wood. \$550. (Retail for \$1,075.) Call Gene at 242-7348. (02-21)

COMPUTERS AND ACCESSORIES

COMPLETED COMPUTER SYSTEMS based on AMD K6-2 450 mghz, Pentium III 500 mghz, Pentium MMX 233 mghz, Pentium-S 200 mghz (system block, monitor 15" or 17," keyboard, mouse, speakers). From \$100 to \$350. Call 831/372-5465. (03-21)

17-INCH MAG COLOR MONITOR. Works fine. No flickering or other problems. \$50. Call 393-1955 or e-mail baktop@nps.navy.mil. (03-21)

14-inch color monitor with built-in speakers. \$20. Call 644-9396 or e-mail lergun@nps.navy.mil. (03-21)

COMPUTER DESK, 51"x26"x29". \$30. Call 644-9396 or e-mail lergun@nps.navy.mil. (03-21)

LARGE SAUDER COMPUTER DESK. 65½"x29½"x30". Rosewood exterior color. Excellent condition. Three drawers, keyboard slide, gel keyboard wrist rest, moveable monitor stand. Paid \$200. Selling for \$80. Call 583-9574. (03-21)

DIGITECH TRACKMAN WHEEL, never used, still in box. \$25 OBO. GRAVIS GAMEPAD PRO, never used, still in box, \$15 OBO. Leave a message at 883-1106. (03-21)

SOFTWARE: "I Love Math" (ages 7-11), OH Distinctive Software (four CDs) for preschool to elementary, "Freddie Fish 3" (ages 3-8) and DK Dictionary software. \$7 separately, \$25 for all. Call 582-9219 or e-mail schwentmd@aol.com. (03-07)

FOUR 128MB PC-133 DIMMS (168-pin). \$20 each or all four for \$70. Call 656-9562. (03-07)

PLAY STATION 2, 4-5 games, several controllers and memory card. Games include Tony Hawk 4 and Vice City. All for \$250 OBO. Call 394-1289. (03-07)

CD-RW/DVD-RW COMBO DRIVE. You can write or read CD or DVD. DVD at speeds up to 2.4x(write), 2.4x (rewrite) and 8x (read). Used only three months. Moving overseas and selling this special drive separately. Will include with it IDE cable, audio cable, screws, two DVD+RW disks and one DVD+R disk. \$190 OBO. Call 393-1955 or e-mail baktop@nps.navy.mil. (03-07)

HP PAVILION XP789 512MB RAM 80GB hard disk, DVD ROM (32x12). CD-R/CD-RW combo drive (32x12x4), 1.44-inch floppy drive, IEEE 1394 interface card (three ports), HP 10/100 Base TLAN adapter (Ethernet), 56k fax/modem AGP videocard (32mb), keyboard (usb-multimedia), usb mouse with scroll, Polk audio speakers, 17-inch monitor. \$450. (Monitor can be sold separately.) Call 393-1955 or e-mail baktop@nps.navy.mil. (03-07)

IBM APTIVA CE3, Pentium 233 mhz, 56k modem, CD ROM, two USB ports, Windows 95, Office 2000, keyboard, mouse, 15-inch monitor. First \$150 offer takes it! Call 393-9252. (03-07)

COMPAQ FS740 17-INCH COMPUTER MONITOR with JBL speakers. Two years old. Original box included. \$150. Call 393-1897 or e-mail hannamum@yahoo.com. (02-21)

TOSHIBA SATELLITE LAPTOP. Intel Celeron MHz processor. 1.06 GHz. 248 MB SDRAM. 14 GB hard drive. DVD-CD ROM. Floppy drive. Windows XP. \$500. Call 583-9618. (02-21)

HP PAVILION 8590C COMPUTER, Pentium III 6000 mhz. processor, 128 mb RAM, 27 gb hard drive, DVD drive, CD-RW drive, floppy drive, mouse with scroll, multimedia keyboard, Polk audio speakers, Windows 98 SE. \$350. HP 15-inch monitor sold separately (available March 21), \$40. Call 583-9790. (02-21)

3.34 MEGA PIXEL, 3x optical, 2x digital zoom, 30 sec mpeg video recording, night shot, USB/serial connection to PC, TV. Carrying bag, 16 mb Compactflash memory card. Rarely used. Bonus: 64 mb Compactflash memory card and rechargeable battery charger. \$275. Call 583-9790. (02-21)

MISCELLANEOUS

GRACO DOUBLE STROLLER, \$45 OBO. Call 831/392-0899. (03-21)

SIX-DRAWER SNAP-ON TOOLBOX SET. Complete professional set. Wrenches, hammers, screwdrivers. Valued at \$10,000, selling for \$7,500 OBO. Call 408/710-3120. (03-21)

DEVILBISS POWER WASHER, 1,500 psi, 2.0 gal/min. 4.0 hp. Never used. \$325 OBO. Leave a message at 883-1106. (03-21)

SILK GREEN AND WHITE PLANTS in decorative baskets by "Petals." Some hanging. Very real looking. Were \$50+ new. Now \$10 each. 643-0730. (03-21)

COLLECTION OF SAILOR MOON COMICS. Collectible Japanese anime comics. Pokemon cards, some worth \$50. For more information and pictures e-mail MJLDRambo@aol.com (03-21)

BABY CLOTHES: girl's sizes 3-24 months. BABY SWING wind-up swing by Graco, two speeds, runs over 30 minutes, doesn't need batteries, \$15. STEP 2 ROCKING FISH ride-on, \$15. Call 899-3990. (03-21)

BABY TOYS, Fisher Price Pop-Up Ball Blast \$10. FP Crawl-Along Drum Roll, \$7. FP hammer and nails, \$3. Winnie the Pooh soft blocks, \$3. Little Tykes xylophone \$5. Call 899-3990. (03-21)

CHILDREN'S VIDEOS: At \$5 each: Mary Kate & Ashley Christmas Caper, Disney's Princess, Disney's I'll Be Home for Christmas. At \$4: Wee Sing Animal Songs, Doug's Birthday Blues, Rugrats. Call 899-3990. (03-21)

JEWELRY ARMOIRE, cherry wood finish, good condition, \$40. ROCKER GLIDER WITH OTTOMAN, khaki cloth cover, natural wood finish, \$50. LARGE TOY BOAT SANDBOX, \$15. Call 656-4410. (03-21)

OFFICE SUITE. Corner computer desk/hutch combination. Left side, 64". Right side, 64". Two-drawer lockable file cabinet. Two-drawer lockable lateral file cabinet. Call Tim at 831/333-1634. (03-21)

PANASONIC COMPACT PLAIN PAPER FAX AND COPY MACHINE. Excellent condition. Retails at \$90. Selling for \$45. COMFORTABLE STUDY CHAIR with rollers, \$8. Call 647-1858. (03-21)

MASTERING JAPANESE LANGUAGE COURSE. Includes 10 CD ROMs and books. Excellent condition. \$50. Call 656-9562. (03-07)

.5K DIAMOND ENGAGEMENT RING. Gorgeous shiny ring for lady. Paid \$1,500, asking \$1,000. Call Eric at 937/554-5818 or e-mail ericschweser@yahoo.com. (03-07)

45-INCH BIG-SCREEN PHILIPS TV. With wood base, universal remote. \$500. Call 393-8411 or 884-9549. (03-07)

35-INCH BIG-SCREEN PANASONIC TV. With universal remote. \$500. Call 393-8411 or 884-9549. (03-07)

15-INCH COLOR STEREO TV with remote. Less than one year old. \$50. MINI-SHELF SYSTEM CD PLAYER, \$25. STAND for TV, books, etc., \$10. Call 645-9262. (03-07)

27-INCH SONY COLOR TV. Like new. With remote. \$75. Call 831/658-0564 or e-mail uerdemir@nps.navy.mil. (03-07)

TOYS UP TO PRESCHOOL AGE. PEG PEREGO RIDE-ON EXCAVATOR, \$50. RADIO FLYER TODDLER BIKE, \$7. ELMO'S REMOTE CONTROL ROADWAY, \$15. V TECH TOYS, ROCK 'N' ROLL ELMO, ERNIE, SIT-N-SPIN, KIDS' BOOKS, more. Call 884-2523. (03-07)

NEWER 2002 MODEL BABY BJORN CARRIER, hardly used, black, \$60. FISHER PRICE KICK AND CRAWL GYM, \$15. FISHER PRICE TWIST-A-PILLAR, \$4, or free with gym. Call 583-9386. (03-07)

WEDDING DRESS, short sleeves, nicely beaded, very pretty, size 4, \$120. BRIDESMAID DRESS, burgundy, size 4, \$30. MATERNITY CLOTHES, size small, LADY'S LANGE SKI BOOTS, size 7½, \$50. Call 884-2523. (03-07)

JOGGING STROLLER, \$20. BABY CAR SEAT (white and blue color), \$10. POWER WHEEL (four-wheeler), \$40. RED METAL WAGON, \$7. MATERNITY PANTS, sizes 8-10, three pairs in good condition. Call 393-9926. (03-07)

KYOCERA TRI-MODE FREEUP CELL PHONE (Verizon). Excellent condition. \$40. Call 831/375-1731. (03-07)

LITTLE TYKES COZY COUPE II CAR, \$25. 38-INCH KITCHEN CENTER PLAYSET, with extra accessories, \$20. UMBRELLA STROLLER, \$5. RUBBER DUCKIE LAMP, \$3. All in excellent condition. Call 831/375-1731. (03-07)

EVENFLO INFANT CARSEAT/CARRIER/STROLLER TRAVEL SYSTEM. Used for one child. Navy blue and white check. Cupholders and storage. \$55. Call 393-1897 or e-mail hannamum@yahoo.com. (02-21)

JENNY LIND CHANGING TABLE AND PAD. Walnut wood. Easy to assemble. \$20. Call 393-1897 or e-mail hannamum@yahoo.com. (02-21)

GAS GRILL WITH EXTRA PROPANE TANKS, \$40. Call 899-9009. (02-21)

ANTIQUE RUSSIAN PINS COLLECTION. Ancient cities and architecture. Call 242-7088. (02-21)

CENTURY CAR SEAT, \$10. HOLMES ELECTRIC HEATER, \$8. STUDY CHAIR, \$4. GARDEN HOSE, \$2. More items. Call 831/899-1716 or e-mail slng@nps.navy.mil. (02-21)

FOUR EAGLE RIMS 15X7 polished for any Blazer S-10 2WD with chrome lug nuts, chrome valve covers and secure chrome locks. Looks like new and very shiny. \$375 OBO. Call 242-5853. (02-21)

JVC AM/FM CD PLAYER with detachable face and its case. 35WX4 and lots of features. \$125 OBO. Call 242-5853. (02-21)

NINTENDO 64 with two controllers and UltraRacer 64, TremorPak, memory card and six games (Diddy Kong Racing, Pokemon Snap, Banjo-Kazooie, Super 64 Mario, Tetrasphere and Star Wars Rogue Squadron). Call 648-5322. (02-21)

LOST AND FOUND

DOG FOUND FEB. 6. Medium-sized dog, brown and black with white feet. Found on Buna Road in Hayes Park. No collar, no tags, no identification. Very friendly. Turned in to SPCA same evening. For information call SPCA of Monterey County (near Laguna Seca). (02-21)

PETS AND PET ACCESSORIES

TWO COCKATIELS, very tame. One lutino, one gray. \$40 each. Call 242-5791. (03-21)

BABY CONURE PARROT. Learning to whistle. Squawks a lot when not paid attention. Must be a bird lover to appreciate. Comes with large iron cage, accessories. \$650. For picture e-mail MJLDRambo@aol.com (03-21)

TWO CATS. Have been spayed, neutered and de-clawed, front and back. Shots up-to-date. For picture e-mail MJLDRambo@aol.com (03-21)

FREE TO GOOD HOME: IRISH WOLFHOUND, CHOW, GERMAN SHEPHERD MIX. Very lovable and well-behaved. We're going to Hawaii and can't take him. Call 831/402-0291. (03-07)

PET SITTER available after 5:30 p.m. and on weekends. Excellent references. University of Texas alumna. Call Erin at 899-6647 or 656-2381. (03-07)

PIT BULL TERRIER AVAILABLE. Our three young children have developed allergies and our dog needs a new home. Dog is two years old. Dual-papered by ADBA and UKC. Raised with small children, excellent temperament, good family dog. Neutered and has had current shots. Housebroken. With transport crate, leash and harness. Call Rob at 831/394-5510 after 6 p.m. or e-mail simmy@sbcglobal.net. (03-07)

AQUARIUM, 30-gallon, \$40. AQUARIUM STAND, decorative black iron, \$40. AQUARIUM AND STAND, \$75. COMBINATION REPTILE LIGHT HOOD with fluorescent and heat bulbs, \$50. Call 899-9009. (02-21)

FREE TO GOOD HOME: TWO ALTERED ADULT GUINEA PIGS. Cage, house, exercise ball and all accessories provided. Perfect "starter" pets. Moving and cannot take with us. Call 647-1622 or e-mail lohrke@pacbell.net. (02-21)

FREE TO GOOD HOME: TWO-YEAR-OLD GREAT DANE. With papers. Spayed. She is obedience school-trained and good with children. Must be in-house dog. Needs lots of love and attention. Call 899-1178. (02-21)

FREE TO GOOD HOME: TWO- TO THREE-YEAR-OLD SIAMESE CAT. Comes with litter box, food, water bowl, toys. Is quiet, doesn't meow. Doesn't need a lot of attention. Likes other cats. Call 394-2094. (02-21)

HOUSEHOLD ITEMS

HEAVY-DUTY WASHER. KitchenAid Superba, three-speed, whisper-quiet, extra capacity, \$50. Call 626-8236. (03-21)

HUGHES E11 DIRECT TV SYSTEM. In box complete with receiver, dish, remote, cable and manuals. Call 373-3767 or e-mail cgo@nps.navy.mil. (03-21)

SWIVEL ROCKER. Cream colored. \$30. Call 242-5791. (03-21)

IRON, COFFEE MAKER, HAIR DRYER, GARDEN HOSE. Call 644-9396 or e-mail lergun@nps.navy.mil. (03-21)

SEALY QUEEN-SIZE MATTRESS AND BOXSPRING. Great shape. \$100. MATCHING LOVESEAT AND SOFA with beige slipcovers. Good condition. \$250. COFFEE TABLE with two matching end tables. Good condition. \$50. Call 655-1535 or e-mail cbuce1466@hotmail.com. (03-21)

DOUBLE-PEDESTAL DESK, cherry finish, \$125. FLOOR FAN, multi-speed, adjustable height, \$20 OBO. FISHING ROD STORAGE RACK, holds up to 24 rods, \$20 OBO. METAL STORAGE SHELF UNIT, \$10 OBO. LUGGAGE, several pieces, \$5 to \$20 OBO each. FLOWER POTS/HANGING BASKETS, several, \$2 to \$5 OBO each. TWO LAMPS, \$7.50 OBO each. MICROWAVE STAND, \$25 OBO. ADJUSTABLE SHELVES, with hangers and brackets, \$20 OBO. Leave a message at 883-1106. (03-21)

SOLID WOOD DINING ROOM SET, fair condition. Four chairs (minor stains), two end tables, one cocktail table. \$350. Cash only. Call 394-1031 or e-mail fishbone28@hotmail.com. (03-21)

CRIB. Beautiful natural maple wood with wedgewood blue trim by Simmons. Purchased from Babies'R'Us. Very good condition. Reduced price \$130 OBO. Call 899-0789 or 402-3073. (03-21)

PANASONIC DVD-RV32 PLAYER. Like new. PX price is \$109. Make an offer. Call 831/372-5478. (03-21)

EMERSON 27" TV WITH REMOTE, \$120. FISH TANK, 10-gallon, with air pump, water filter, two big goldfish, \$15. Call 831/372-5465. (03-21)

PURE WATER FILTRATION SYSTEM, one gallon, \$15. MICROWAVE RICE COOKER, five-cup capacity, \$4. Call 647-1858 or e-mail tbseow@nps.navy.mil. (03-21)

KENWOOD WASHER AND DRYER. Less than five years old. \$200. Available April 5. CARPET. Three rooms (living room and two bedrooms). Very clean. \$30 each or \$70 for three. E-mail lqwang@yahoo.com. (03-21)

SONY DVP-NS315 ONE-DISK DVD PLAYER. With remote. Plays DVDs, audio and video CDs. Never used, in original sealed box. \$95 OBO. Call 583-9790. (03-21)

CRIB WITH MATTRESS. Excellent condition. Crib is tan color. \$100. Call 393-1343. (03-07)

WOODEN GLIDER ROCKING CHAIR with cushioned seat and back. Great condition. \$25 OBO. BLACK METAL FUTON FRAME WITH BLACK FUTON CUSHION. Must be picked up. \$30 OBO. OVERSIZED PINK VELOUR WINGBACK CHAIR. Barely used. \$35 OBO. Call Lisa at 392-1943. (03-07)

SOFA AND LOVESEAT, clean, good condition, \$400 OBO. WOOD COFFEE TABLE, \$10 OBO. BEIGE LAMP AND SHADE, LIKE NEW, \$20. All must go. Please call 394-5981. (03-07)

GE WASHER AND MAYTAG DRYER. Both work well. \$90 for both. Call Baris at 393-1955 or e-mail baktop@nps.navy.mil. (03-07)

CRIB WITH MATTRESS, light color wood, \$80. GRACO PACK-N-PLAY, \$15. CENTURY BRAVO CARSEAT, \$20. FP SOOTHING BOUNCER SEAT, \$7. BOY'S CLOTHES up to 4T. CREATIVE MEMORIES "IT'S A GIRL" SCRAPBOOK, \$15. Call 884-2523. (03-07)

LIVING ROOM SET. Couch, loveseat, four chairs, table, two lamps. All in good condition. \$120. QUEEN-SIZE BED, \$150. CHILD'S BEDROOM SET. Bed with headboard, dressing table, shelves. \$150. MICROWAVE OVEN. Less than one year old. \$25. TOASTER, COFFEE MAKER, STAEM COOKER, each from \$5 to \$10. Call 645-9262. (03-07)

KENMORE HEAVY DUTY WASHER AND DRYER SET. Large capacity. Works great. \$160 for set. Call 831/375-1731. (03-07)

KENMORE HEAVY DUTY DRYER. In good condition. \$30. Call 831/899-0433 or e-mail mfakitsa@nps.navy.mil. (03-07)

KING-SIZE BED WITH ORTHOPEDIC MATTRESS. In good condition. \$200. Call 831/899-0433 or e-mail mfakitsa@nps.navy.mil. (03-07)

TWO BAMBOO CHAIRS with new pillows. \$15 each. CARPET; 100 percent wool; 9 x 7.5'; blue, green and brown colors; \$180. TABLE, for TV, VCR, etc., with wheels, like new, \$50. Call 831/899-0433 or e-mail mfakitsa@nps.navy.mil. (03-07)

DRESSER AND MIRROR, like new, \$220. CONTEMPORARY METAL STUDY CHAIR, like new, \$70. ANOTHER STUDY CHAIR, \$20. Call 831/645-9356 or e-mail aguven@nps.navy.mil. (03-07)

TODDLER STROLLER, like new, \$25. INFANT BATHTUB, \$10. GLASSES, two sets, \$20 for both. BRAND NEW SILVERWARE, \$15. BRAND NEW KITCHEN TOWELS AND OVEN MITTS, \$10. Must sell. Please call 394-5981. (03-07)

MAYTAG WASHER AND DRYER. Bought them second-hand and used them for one year. Both work great. Haven't had a single problem. Moving overseas and can't take them with me. \$350 for both. Call 238-0859 or 899-1174. Or e-mail minahkj@hotmail.com. (03-07)

METAL WARDROBE, 30"x60"x19", \$20. GREAT COMPUTER WORKSTATION AND BOOKCASE, 66"x71"x20". Entire unit is pressboard with dark maple finish. Unit has 10 open shelves and one two-door enclosed shelf. Unit is very heavy and will disassemble. \$100. Call 831/648-1517 or e-mail rojek@sbcglobal.net. (03-07)

QUEEN MATTRESS AND BOX SPRINGS. Like new. \$100. Call 582-9219 or e-mail schwentmd@aol.com. (03-07)

WASHER. Works good. \$55. Call 831/658-0564 or e-mail uerdemir@nps.navy.mil. (03-07)

PANASONIC VCR four-head VHS, includes Solidex VHS cassette rewinder, \$55. CD STEREO SYSTEM (player, tuner, amplifier, cassette deck, speakers), \$95. Call 372-4278. (02-21)

AMP, CRATE GX-15R, \$50. VESTAX MR300 MULTITRACK, \$100. ANTON BRETON VIOLIN AND CASE, \$50. Call 899-9009. (02-21)

19-INCH PHILIPS MAGNAVOX COLOR TV and RCA indoor TV Antenna, \$100 OBO. SAMSUNG VR3040 VCR, \$40 OBO. SONY MINI HI-FI RXD2, \$50. Call Maria at 899-8468 or e-mail mvasilaki@hotmail.com. (02-21)

KITCHEN TABLE WITH SIX CHAIRS, four years old, \$120. TWIN BED WITH MATTRESS AND BOXSPRING, wood headboard and footboard, \$150. FUTON, metal frame, only one year old, \$50. METAL FUTON FRAME, \$20. ENTERTAINMENT CENTER, up to 32-inch TV, \$75. END TABLES, set of three, stackable, \$40. THREE-SHELF AND FIVE-SHELF BOOKCASES, five for \$50. Call Laura at 242-7199 or 224-2707. (02-21)

GREEN LIVING ROOM SET. Includes couch, two side chairs, two ottomans and glass coffee table. All for \$400 OBO. Will consider selling separately. DINING ROOM SET FOR FOUR (table and four chairs), \$75. Call Melissa or Trevor at 393-2313 or 238-0777. (02-21)

HOUSEHOLD GOODS, including television. Also clothes. Call 394-2094. (02-21)

IKEA CHILD'S BUNK BED. Light blue. Metal. \$60. Call 583-9618. (02-21)

ONE SOFABED AND ONE LOVESEAT. Both of same pattern: tartan, green, tan and rust. Very comfortable. Sofabed for \$150, loveseat for \$60, both for \$180. Negotiable. Call 242-5310 or 641-0598. (02-21)

WASHER AND DRYER, \$120 for both. TWO FLOOR LAMPS, \$10 each. VACUUM CLEANER, \$10. COFFEE MAKER, \$10. VOLTAGE TRANSFORMER 115/220,2500W, \$50. HAIR DRYER, \$5. Call Maria at 899-8468 or e-mail mvasilaki@hotmail.com. (02-21)

CALIFORNIA KING-SIZE BED. Very good condition. \$100 OBO. Call 649-8653. (02-21)

FOUR-PIECE SECTIONAL SOFA/SLEEPER with two recliners and corner piece, \$350. BROWN CARPET with padding, \$30. LITTLE TYKES ROCKET ROCKER, \$5. METAL STORAGE SHED, 6'x8', with foundation, \$65. RUBBERMAID WHEEL BARROW, \$15. POWER WHEELS JEEP, \$20. Call 394-2087 after 5 p.m. or e-mail schow123@msn.com. (02-21)

COMPUTER DESK, \$50. PINE CHEST OF DRAWERS, \$25. CANE TABLE, \$20. TWO CANE CHAIRS, \$40 each. WOODEN DESK, \$45. BAKER'S RACK, \$30. METAL FUTON, \$50. TABLE WITH FOUR CHAIRS, \$70. Call 831/883-1492 or e-mail derekchris@sbcglobal.net. (02-21)

LITTLE TYKES RACE CAR BEDS. Red twin-size race car bed. \$250. (Sells for \$396 new.) Blue roadster toddler bed. Crib-size mattress included. \$85. (Sells for \$199 new.) Buy both for only \$300. Call 932-1176 or 521-3836. (02-21)

SOLID OAK DINING TABLE, 62"x38", amber glass top with six chairs. OAK COFFEE TABLE, 52"x27", with two end tables. SINGLE BED. MISCELLANEOUS HOUSEHOLD FURNISHINGS. Call 642-0807. (02-21)

BABY ITEMS: crib, changing table, drawer, diaper genie, toys, clothes, safety gate. TV, WASHER AND DRYER, DESK LAMP, LUGGAGE, COFFEE TABLES, KITCHEN ITEMS, RADIO-ALARM CLOCK. All priced to sell. Call 831/641-0211 or e-mail euzuncao@nps.navy.mil. (02-21)

KING-SIZE WOODEN BED FRAME. Comes with free mattress. \$150 OBO. Call Melissa or Trevor at 393-2313 or 238-0777. (02-21)

BRAND NEW TABLES AND CHAIRS still in the boxes. Never used. A set of four chairs and one table. All wood, padded chairs, very nice. Sets of tables and chairs ranging from \$165 to \$195. Call any time 394-5717. (02-21)

TOASTER, \$5. DISHES, \$5. TWO-SHELF TABLE, \$3. SMALL TV STAND WITH WHEELS, \$10. COUCH, \$20. ROUND PLANT TABLE, \$5. CORNER SHELF WITH THREE SHELVES, \$5. Call Kevin at 393-1821. (02-21)

BUNK BED, red metal, twin top, full bottom, with mattress and bed boards. Great condition. \$250. KING BED, wood and metal frame with mattress. Great condition. \$300. Call 831/883-1492 or e-mail welfern@sbcglobal.net. (02-21)

TELEPHONE TABLE SET with seat, mirror And coat rack. Great condition. \$75. Call 831/883-1492 or e-mail welfern@sbcglobal.net. (02-21)

CRIB AND MATTRESS. Simmons crib in natural maple wood with wedgewood blue trim, \$150. Simmons Supermaxi Pedic crib mattress, \$40. Both from Babies'R'Us, in very good condition. Call 899-0789 or 402-3073. (02-21)

ALL WOOD ENTERTAINMENT CENTER, \$275. ANTIQUE DRESSING TABLE (VANITY), appraised for \$400, will sell for \$250. FRENCH ANTIQUE CHAIR, \$130. TWO CHESTS, black with gold trim, \$125. Call Carolyn at 242-5259 or 583-9869. (02-21)

SHOWTIME ROTISSERIE AND BARBEQUE. New, "set it and forget it" as seen on TV. \$75. Call 372-4278. (02-21)

CHILD CARE

CERTIFIED CHILD CARE available in my home. Now accepting children at age 2 and up. Age-appropriate activities. USDA food program. First-aid and CPR certified. Call Angela at 394-4847 or 402-6107. (03-21)

RESPONSIBLE STAY-AT-HOME MOM with a three-year-old available to provide child care in my home. Flexible hours and rates negotiable. References available upon request. Call Lisa at 392-1943. (03-07)

BABY SITTER available after 5:30 p.m. and on weekends. Excellent references. Professional teacher with current Texas elementary teacher certification. University of Texas alumna. Call Erin at 899-6647 or 656-2381. (03-07)

TRICARE's new Mail Order Pharmacy serves 400,000 customers

More than 400,000 military pharmacy mail order customers were switched on March 1 to the new TRICARE Mail Order Pharmacy (TMOP).

Express Scripts, Inc., of Maryland Heights, Mo., will provide TMOP services. This change does not change the pharmacy benefits you or your family members receive as TRICARE beneficiaries.

Beneficiaries who have prescription refills remaining on March 1 under the current National Mail Order Pharmacy (NMOP), will have their prescriptions transferred to Express Scripts except for narcotic, controlled substance, or compounded prescriptions (prescriptions physically prepared by the pharmacy). New prescriptions for these exceptions need to be written by your provider and sent to Express Scripts.

TRICARE beneficiaries living and working overseas can also use the mail order pharmacy if they have an APO, FPO, or a U.S. Embassy address. However, the prescription must be written by a provider licensed to practice in the United States.

Current mail order pharmacy users should have received a postcard in early January announcing the new services. This will be followed by a mailing that will include a registration form, a description of benefits, and a brochure covering the TMOP benefits. Beneficiaries eligible to use the current mail order pharmacy program or the retail pharmacy benefit are eligible to use the new TRICARE mail order pharmacy program. Beneficiaries may register using the provided registration form, on-line, or by calling the Express.scripts call center. Once TMOP is in operation, beneficiaries can refill prescriptions over the phone, via mail, or on the Internet.

Under the TRICARE Mail Order Pharmacy program, the copay for up to a 90-day supply for most medications is \$9 for brand medications or \$3 for generics. Exceptions include controlled substances, and active duty service members pay no copays.

Please note: If you have other health insurance that covers prescription medications, you will not be able to use the TMOP benefit.

For more information, call the Express Scripts Call Center at 866-DOD-TMOP (866-363-8667), visit the Express Scripts website at www.express-scripts.com, or the TRICARE website at www.tricare.osd.mil.

- This article provided by TRICARE.

Want to place an ad?

Military members, retirees and Department of Defense civilian employees are authorized to place classified ads in the Community News.

To place an ad, complete the form below and mail or deliver it to the Public Affairs Office, Building 614, Suite 142, Presidio of Monterey 93944.

Ads may also be sent via e-mail to the editor at cnews@monterey.army.mil. Please provide all information requested on the form, including the category of the ad.

You may place up to three ads per issue. Each ad should not exceed 35 words.

The Community News staff will make every effort to publish ads accurately. The staff reserves the right to edit ads to meet readability, format and space requirements. Advertisers should notify the editor of typographical errors.

Ad categories are listed below.

Merchandise advertised must be offered for one-time sale or for free by individuals. Ads for businesses, including nonprofit enterprises, are

not authorized.

Ads for rentals are not authorized.

In accordance with California firearms laws, ads for firearms are not authorized.

Each ad will be dated and published in three consecutive issues of the Community News unless you cancel it. An ad that has appeared in three issues can be renewed upon request. Ads may be renewed or canceled by telephone, but revisions must be done in writing before the Wednesday deadline for the next issue of the Community News.

To place an ad in the Community News simply complete the form below and mail or deliver it to the Public Affairs Office, Building 614, Suite 142, Presidio of Monterey 93944-5006. You can also e-mail your ad to CNews@monterey.army.mil. (Be sure to include all of the information requested below.) You may place up to three ads per issue. Each ad should not exceed 35 words in length.

Name

Rank/Grade

Organization

Daytime Phone

Clearly print your ad(s) in the space below.

Check (✓) your ad category (or categories):

- ☐ Automobiles
- ☐ Trucks, Vans, SUVs, RVs
- ☐ Motorcycles
- ☐ Wanted
- ☐ Sports and Exercise Equipment
- ☐ Entertainment and Music Items
- ☐ Computers and Accessories
- ☐ Lost and Found
- ☐ Pets and Pet Accessories
- ☐ Household Items
- ☐ Child Care
- ☐ Employment and Volunteers
- ☐ Miscellaneous

See page 2 for the publication date of the next Community News and the deadline for submissions (which includes classified ads).